

Walter Reed Middle School

Join Us for an Informative Meeting on Mental Health
Issues Facing our Students Today

Our Guest Speakers:

Ms. Lori Dudler, PSW

and

Ms. Eileen Lemus, PSW

Mental Health Consultants, Local District NE

Come and learn about the following topics and how they can help your child's education:

***Managing Stress *Building Resilience *Psychological First Aid**



**Resilience Affirmations:
Building Resilience**



Date: Thursday, April 26, 2018

Time: 4:15-5:15pm

Location: School Auditorium

***Future Meeting Topics: Suicide Prevention & Self Injury**