

WORKSHOPS AND COFFEE FOR PARENTS
TALLERES Y CAFE PARA PADRES

Walter Reed Parent Center talks proposed for
Fall 2015 – Spring 2016
Selected Tuesdays 8:15 – 9:30 A.M.

Gabriela Cervantes, Pupil Services and Attendance Counselor,
Diploma Project Advisor, Walter Reed MS
David L. Moguel, Professor of Education, CSU Northridge

Topic/Title	Dates/Notes	Guest Speakers
ELAC/SSC Orientation	Tuesday, August 25 14 parents	Kurtis Demski
ELAC/SSC Elections	Tuesday, September 1 16 parents	
Workshops and coffee for parents – planning meeting Come and learn and share with other parents about the following topics and how these affect our children’s education: <ul style="list-style-type: none"> • Academic problems • Parent involvement • Discipline in the home • Bullying at school • domestic violence • alcoholism and drug addiction • gangs • self-esteem • and many more topics 	Tuesday, September 8 Gabriela Cervantes, counselor Myriam Arechiga, Director, Parent Center	
ELAC meeting	Tuesday, September 15	
Session 1 <ul style="list-style-type: none"> • How do I read a report card? 	Tuesday, September 22	

<ul style="list-style-type: none"> • Homework help and other tutoring services • Communicating with teachers • How do we arrange for a parent conference with a teacher? 		
Session 2 Positive Discipline <ul style="list-style-type: none"> • How to set limits with your child without shouting • 7 Steps of positive discipline • Choosing effective consequences 	Tuesday, September 29	
Session 3 Getting Involved in your school <ul style="list-style-type: none"> • So how does WRMS work? – school governance, the PTA, Friends of Reed 	Tuesday, October 6	
Session 4 Choosing a high school <ul style="list-style-type: none"> • CHOICES program • ABC Scholarship Program 	Tuesday, October 13	
ELAC meeting	Tuesday, October 20	
Session 5 Bullying <ul style="list-style-type: none"> • Definition of bullying • Types of bullying • Indicators that your child is being bullied • What can you do to support your child 	Tuesday, October 27	
Session 6 Home School Connection <ul style="list-style-type: none"> • What you can do at home to support your student. • Time management/study skills • TV, computers, phones and other distractions • Web safety- what every parent should know 	Tuesday, November 3	LAPL, NH branch representative
Session 7 Literacy at Home <ul style="list-style-type: none"> • Promoting reading in the home • Strategies to develop comprehension • 	Tuesday, November 10	
Session 8 CHOICES application due	Friday, November 14?	
ELAC Meeting	Tuesday, November 17	

Thanksgiving holiday	Tuesday, November 24	
Session 9 Building Resiliency In your child <ul style="list-style-type: none"> • Self-esteem • Protective Factors • Risk Factors 	Tuesday, December 1	
Session 10 Alcoholism, drug addiction and gangs. <ul style="list-style-type: none"> • Tools • Resources • guest speakers 	Tuesday, December 8	
ELAC Meeting	Tuesday, December 15	
LAUSD Winter Recess	Saturday, December 19 – Monday, January 11	
Session 11 Grade Check <ul style="list-style-type: none"> • Reviewing last semester’s report card • Review of culmination requirements 	Tuesday, January 12	
ELAC meeting	Tuesday, January 19	
Session 12 So is college for us? <ul style="list-style-type: none"> • 4 systems of higher education in California • Entrance Requirements 	Tuesday, January 26	
Session 13 Financial aid <ul style="list-style-type: none"> • What types of Aid is available • Scholarships • Savings accounts • DREAM Act 	Tuesday, February 2	
Session 14 Career and college-readiness <ul style="list-style-type: none"> • Tools to explore colleges/careers • Tips for family involved exploration • Summer Programs for extension 	Tuesday, February 9	
ELAC meeting	Tuesday, February 16	
Session 15 Your changing teen <ul style="list-style-type: none"> • Easing parent/teen conflicts • Goal setting with your child’s interest in mind 	Tuesday, February 23	
Session 16	Tuesday, March 1	

What should we be doing at every grade to make sure our students are on the road to college? – the Congressional Hispanic Caucus Institute checklist		
	Tuesday, March 8	
ELAC meeting	Tuesday, March 15	
LAUSD Spring Break	Tuesday, March 22	
Session 17 Post High School Options <ul style="list-style-type: none"> • Military • Trade • University 	Tuesday, March 29	
Session 18 Extracurricular Activities <ul style="list-style-type: none"> • Sports and a child’s education 	Tuesday, April 5	
Session 19 Healthy Family / Healthy Kids <ul style="list-style-type: none"> • Health, nutrition, disease awareness 	Tuesday, April 12	
ELAC meeting	Tuesday, April 19	
Session 20 Talking to our kids about money <ul style="list-style-type: none"> • Financial planning and awareness 	Tuesday, April 26	
Session 21 Reproductive health <ul style="list-style-type: none"> • Talking to your kids about difficult topics • Just the facts • Community Resources 	Tuesday, May 3	
Session 22 What can we do during the summer to improve our student’s academic achievement during the regular year?	Tuesday, May 10	
ELAC meeting	Tuesday, May 17	
Session 23 Culmination Ceremony	Tuesday, May 24	
	Tuesday, May 31	
Last day of school	Friday, June 10	